



Everything you need to know!

2021 Camp Ben Lippen Retreat Parent/Student Packet

We are thrilled for our inaugural Camp Ben Lippen Retreat held at Carolina Point, a premier Christian youth camp located in the beautiful mountains of North Carolina. Students will join staff and administration for a spiritual life retreat where we will focus on fellowship and fun, and most importantly growing in our relationship with the Lord. Below is very important information to help you prepare for this wonderful event!

DATES: August 17-20, 2021

LOCATION: Carolina Point, 19 Pinnacle Point Ln, Brevard, NC 28712

EMERGENCY CONTACT (Student cell phones are not permitted): *Phone number to reach high school administration will be provided before the retreat.*

DEPARTURE TIMES:

- We will depart promptly at 8:00am. Students should arrive and load buses by 7:45am.
- Buses will depart on time. We will not wait for students who are running late.
- Arrival back to Ben Lippen: approximately by 3:15 on Friday, August 20

IMPORTANT DOCUMENTATION:

No students will be allowed to attend Camp Ben Lippen without filling out these forms PRIOR to leaving for Carolina Point.

- Carolina Point Release (attached)—Each student must fill out the Guest Consent Form that is required by Carolina Point and turn into Christy Lambert at the front desk by **Friday, August 13.**
- Ben Lippen Medication form—(attached) Students with over-the-counter and/or prescription medication must fill out the Ben Lippen Medication form and turn into Christy Lambert at the front desk by **Friday, August 13.**

ATTENDANCE:

- High school faculty, staff, and students will attend Camp Ben Lippen.
- Camp Ben Lippen is a required function for all high school students. Any absences due to extenuating circumstances (i.e., sickness, death in the family, etc) need to go through the high school principal's office.

TRANSPORATION INFORMATION:

- Students will be assigned to a school or charter bus.
- Students are responsible for keeping buses clean.

MONEY:

- Cost of trip is included in tuition.
- Students may bring additional spending money for the Mason Jar and Gift Shop. Students are responsible for keeping up with their money.

MEDICATIONS:

- Thoroughly read attached Medication Information form.
- You can ignore this form if your student does not have over-the-counter or prescription medication.

FOOD ALLERGY POLICY:

- The Ben Lippen Carolina Point Food / Allergy policy seeks to protect the physical and emotional health of our students. It is our desire to keep each student as safe as possible while they are away from home and for this reason we will be implementing the following guidelines for Camp Ben Lippen.
- The Carolina Point kitchen is completely nut free and able to accommodate people with gluten, nut, and lactose intolerance by providing meals that will meet these guidelines. Because of the size of our student body and the number of children with allergies/intolerances, we will be relying completely on the Carolina Point kitchen to meet the needs of these students. For students with a medical diagnosis that requires dietary restrictions beyond what the Carolina Point kitchens can handle (ie. Celiac, Crohn's, etc), additional accommodations may be considered. These will be on a case-by-case basis and at the sole discretion of the school nurse.
- **Please note that the camp's store, the "Mason Jar", where students may buy additional snacks and beverages, is NOT a nut free environment and many of the unpackaged items available may have been contaminated or contain nuts. It is up to the student alone to make proper choices as there will not be anyone to monitor their purchases.
- It is the sincere desire of the BLS staff and administration that every student be able to participate safely in Camp Ben Lippen, but if for any reason, you as a parent, are not comfortable with this policy, you may elect to keep your child at home.
- Please let Mrs. Gina Dickinson (Gina.Dickinson@BenLippen.com) in the high school office know if your student has an allergy or is in need of a special diet. We will need this information by **Friday, August 13.**

ATHLETICS:

- Practice times, as needed, for Fall sports are built into the camp schedule and will be held before retreat activities begin for the day.
- Coaches will be in contact with athletes regarding expectations.
 - Pack accordingly with additional clothing for practice.

PACKING LIST

- 1 suitcase (only 1)
- 1 carry-on (no larger than a backpack)
- Bible (writing utensil and notebook, if desired)
- Sleeping bag/pillow (linens are not provided)
- Toiletries
- Towels (for shower and pool; towels are not provided)
- Sunscreen
- Bug spray
- CLOTHING: *All clothing must be modest, and free of offensive pictures or logos. Inappropriately dressed students will be asked to change.*
 - Shoes
 - At least one pair tennis shoes for certain activities
 - Athletic clothes for competition and fun. Shorts must be mid-thigh.
 - Change of clothes for dinner and night activities
 - Bathing suit: *Bathing suits are only appropriate in the pool. Outside of the pool, boys must have on a shirt. Girls must have on a shirt and shorts.*
 - Pajamas
 - Sweatshirt
 - Jeans
 - Rain jacket / umbrella
 - Optional: Clothes for a Luau
 - Girls:
 - Bathing suits: modest one-piece swimsuit or tankini (pieces must touch).
 - Not allowed: 2 piece or “cheeky-style” bathing suits (for females). If bathing suits do not fall inside these guidelines, students will be asked to swim in a dark colored t-shirt or shorts.
 - Leggings are permitted with a long t-shirt
 - Not allowed: Spaghetti straps, crops, or strapless shirts



TECHNOLOGY:

- The purpose of this retreat is for students to grow relationally, getting to know each other and their faculty members. In order to foster this purpose, no electronic devices will be allowed on the retreat.
- **Please leave ALL devices at home or it will be collected as we board** (cell phones, iPads, iPods, laptops, notebooks, etc).
- If technology is found on the trip, it will be collected and returned to the parent once we return to Ben Lippen. Students will receive disciplinary action.