



Stewarding Your Child's Mental Health

Bert Medlin, LPC

- I. **Introduction**
- II. **Different Types of Problems**
 - a. Depression
 - b. Anxiety
 - c. Substance Abuse
 - d. Adjustment problems
 - e. Pornography
 - f. ADHD
 - g. "Very Child"
- III. **Five Areas of Functioning**
 - a. Physical
 - b. Relational
 - c. Emotional
 - d. Mental
 - e. Spiritual
- IV. **Questions**

Bert Medlin, LPC
(803) 766-2161
www.christiancounseling.ws

